

## CONTINUING MEDICAL EDUCATION

## **Behavioral Learning Objectives Primer**

When developing a new educational activity such as a lecture, consider what cognitive level of learning you want your learners to attain - and what can reasonably be attained due to the limits (e.g. time) of the presentation. A lecture-based, short activity may only allow for attainment of a cognitive level of *Knowledge* or *Comprehension*. But adding some creativity may get you to higher levels of learning. For example, role play will allow learners to apply and practice what they've learned. Critiquing a video may allow learners to analyze, synthesis, and even evaluate.

After you have determined what level of learning your learners can reasonably attain, define the behavioral learning objective using one of the "action verbs" below. A behavioral learning objective describes what you want your audience to learn and how they will demonstrate what they have learned.

The behavioral learning objective should define the behavior you wish the participant to demonstrate at the conclusion of the teaching session. For example, you can observe whether the participant can "explain" or "list" or "repeat" information. Words like "know" or "understand" cannot be tested . . . except through your observation of whether they can "explain" or "list" or "repeat" the information. So, words like "know" and "understand" are not appropriate action verbs to use in developing a behavioral learning objective.

The behavioral learning objective defines what the learner will be able to demonstrate at the conclusion of your teaching session. A behavioral learning objective is NOT a listing of what you – the teacher - will do or provide. The behavioral learning objective should be a response to the phrase: "at the conclusion of this teaching session, the participant will be able to . . . . "

## For example:

After reading this Behavioral Learning Objectives Primer, the reader will be able to:

- Define a behavioral learning objective
- Explain why the words "know" and "understand" are not appropriate action verbs for behavioral learning objectives.
- Discuss how different assessment strategies can be used to test the cognitive level of the learner.

## BE CREATIVE! Your learners will appreciate it.

Use the table below to develop behavioral learning objectives based on your desired educational outcomes.

<b>Cognitive Level</b>	Action Verbs	Behavioral Learning Objective Example	Teaching Strategies Examples	Assessment Strategies
Knowledge	Define	Learners will be able to list the five risk	Lecture	Written exams
	Describe	factors of MI	Video	Oral exams
Learners will	List		Audio	Pre/Post
"know"	Record			
something new	Repeat			
Comprehension	Discuss	Learners will be able to explain the Krebs	Question	Written exams
	Explain	Cycle	Discussion	Oral exams
Learner will be	Express		Learner presentations	Pre/Post
able to	Identify		Writing	Learner presentations
"convey" their	Recognize			Writing critique
new	Restate			
knowledge.	Translate			
	Analyze	Learners will be able to analyze a	Problems	Assessment of:
Analysis	Calculate	fishbone diagram for cause and effect of	Exercises	Problems
	Compare	a problem	Case Studies	Exercises
Learners will be	Contrast		Critical incident analysis	Case Studies
able to "analyze	Criticize		Discussion	Critical incident
and interpret"	Diagram			analysis
new	Differentiate			Root Cause Analysis
information	Distinguish			
	Experiment			
	Question			
Evaluation	Appraise	Learners will be able to evaluate best	Case Studies	Assessment of:
	Assess	treatment plan based on efficacy and	Projects	Case Studies
Learners will be	Choose	cost	Exercises	Projects
able to	Estimate		Critiques	Exercises
"evaluate"	Evaluate		Simulations	Critiques
situations or	Measure		Appraisals	Simulations
concepts based	Revise			Appraisals
on what they've	Score			
learned	Select			
	Value			